

Facts about EBOLA

Ebola is a killer disease which presents with high fever and bleeding through body openings. It is very infectious, kills in a short time BUT can be prevented.

What are the signs and symptoms of Ebola?

- ➔ Headache
- ➔ Vomiting blood
- ➔ Bleeding through the body openings, i.e. eyes, nose, gums, ears, anus and private parts.
- ➔ Joint and muscle pain
- ➔ Reduced urine.

How is Ebola spread?

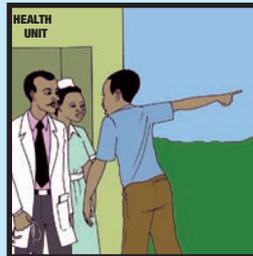
- ➔ Ebola is spread through direct physical contact with body fluids like blood, saliva, stool, vomit, urine and sweat of an infected person.
- ➔ It can also be spread through using skin piercing instruments that have been used by an infected person.
- ➔ Ebola can also be got through contact with persons who have died of Ebola.

How can you protect yourself from Ebola?

Persons who have died of Ebola must be buried immediately, by a trained burial team to prevent the spread of the disease.



Report any suspected cases of Ebola to the nearest health unit immediately.



Disinfect the beddings and clothings of an infected person with JIK.



Wash your hands with soap and water after handling the patient or the body of a person who has died of Ebola.



Avoid communal washing of hands during funeral rites.



Persons suspected to be suffering from Ebola should be taken to the nearest health unit immediately.



- ▶ Avoid direct contact with body fluids of a person suffering from Ebola by using protective materials like gloves and masks.
- ▶ Persons handling the body of a person who has died of Ebola should wear strong protective materials like gloves and Masks.
- ▶ Avoid eating dead animals especially monkeys

Report all suspected cases to the nearest health facility immediately.

For further information send a **FREE SMS** to Ureport on: **8500** or call **toll free** on: **0800 100066**